

COMFORT & CARE HAS AN ADDRESS



CARE SERVICES INFORMATION KIT

SKYLINE
ELEVATED LIVING



There's a time when everyone needs a helping hand. It's nice to know there's a special place that offers exceptional care for every stage of life. Skyline is a not-for-profit community nestled in the heart of the city. As Seattle's only true Life Care community offering all levels of health services, residents can remain in the community they call home even as their health needs change. New residents may also move directly into assisted living, memory support or skilled nursing.

The Terraces health center offers assisted living, memory support, skilled nursing, and rehabilitation services. Experienced and compassionate professionals stand ready to offer exceptional care.

Comfort and care has an address – and it's The Terraces at Skyline.

Call 206-902-4174 to schedule a tour
or speak to someone to learn more.

ASSISTED LIVING

At Skyline, we help residents maximize their independence to live their best life. Our experienced care team develops customized plans that offer support for things like medication management, personal care, dressing, housekeeping and more.

When attention and assistance are applied it's time to enjoy all that our community has to offer, including exceptional amenities and more than 150 activities and programs each month. After experiencing the Skyline lifestyle, one can relax in a beautifully appointed, light-filled studio or one-bedroom apartment home featuring contemporary finishes, fixtures and floor-to-ceiling windows.

ASSISTED LIVING AMENITIES AND SERVICES:

- Residences include a kitchenette with refrigerator and microwave
- All utilities including water, electricity, heat, air conditioning and basic cable
- Access to rehabilitative services and skilled nursing
- Wireless internet
- Weekly scheduled housekeeping and laundry service
- Three chef-prepared meals daily
- Local phone service*

**Optional fee*



MEMORY SUPPORT

Skyline provides innovative brain health programming and personalized care that honors each resident's needs and preferences. The Skyline care team works with residents where they are at to develop a personalized care plan complete with cognitive and wellness programs tailored to address each resident's unique situation.

Our memory support neighborhood offers spacious, private residences – including those for couples – in a comfortable and beautiful setting to optimize well-being and security. Designed to create a more intimate and personalized environment that prioritizes meaningful engagement with our residents.

EACH MEMORY SUPPORT APARTMENT COMES COMPLETE WITH:

- Medication monitoring, administration, and assistance
- Private suite
- Weekly housekeeping and laundry
- Individually controlled thermostats
- RoamAlert bracelet disables elevator as necessary
- 24-hour emergency response system with on-call nurse
- Three delicious chef-prepared meals
- Access to a registered dietician
- Access to rehabilitative services and skilled nursing



REHABILITATION AND SKILLED NURSING

At Skyline, we offer both short- and long-term senior rehabilitation and therapy on campus, including 24/7 nursing care. Conveniently located in a thoughtfully designed building, our leading-edge services and therapies are designed to provide the support you need to get back on your feet as quickly as possible.

Located within blocks of Seattle's top hospitals and physicians, Skyline is a great home base for all kinds of rehabilitation for seniors, including physical, occupational and speech-language therapy. Skyline residents and others utilizing our rehabilitation services enjoy the best environment while they heal and rejuvenate.

We are proud to offer world-class short- and long-term skilled nursing care in a bright, inviting environment. Our expert team assists with complex wound care, pain management, tube feeding care, intravenous therapies and more. We also offer palliative and hospice care in collaboration with the hospice provider that is selected by the patient and family. Your loved one will enjoy a relaxing, residential environment where they will feel safe, secure and supported.

ALL RESIDENTS OF THE TERRACES HAVE ACCESS TO:

- Consonus Physical, Occupational, and Speech Therapy offering both inpatient and outpatient service
- MiraNova Health – On-site Medical Director and Primary Care
- Podiatry
- Dental
- Mental Health Support
- Pharmacy

SKYLINE COMMUNITY AMENITIES

Whichever neighborhood you call home within Skyline, you have access to our complete suite of convenient services and resort-quality amenities designed to allow you to pursue your interests, discover new passions, and foster new connections with interesting friends and neighbors.

SKYLINE'S ON-SITE AMENITIES INCLUDE:

- Sunrooms
- Light-filled dining rooms with a stunning view of the city, water and gardens
- Regular fitness classes
- Salon & Spa with hair care, manicures and pedicures
- Beautifully landscaped garden terrace
- Valet services in our covered parking garage
- Private transportation available for appointments and outings as needed
- Pastoral care and spiritual services
- Mailroom with package handling
- 24-hour campus security including professional security company presence seven days per week



A PROUD TRANSFORMING AGE COMMUNITY

Skyline is a not-for-profit community under the Transforming Age Organization. Transforming Age is a leading nonprofit organization committed to improving the lives of older adults by integrating housing, community services, technology, philanthropy and partnerships.



Transforming Age and its affiliates are guided by a singular vision to “transform the perception of age” and to make life better for older adults and society. We view aging as a declaration and an opportunity to continue to lead an independent and purposeful life. Skyline operates with the guidance of the Trustees Council under the governance of the Transforming Age board of directors.





Call 206-902-4174 for a tour.

From beautiful apartments to unmatched amenities and services, Skyline is retirement living at its finest. Schedule a tour today to see if Seattle's only true Life Care community is right for you.

SKYLINE
ELEVATED LIVING



Explore Skyline's
Independent Living Options